

# Plan Your Surgery | *Plan Your Recovery*

## *We're here every step of the way*



### 1. Why Plan Ahead?

Having a plan can help reduce the stress of the surgery and recovery process. At Accura HealthCare (for this type of statement, I recommend using our full name), your journey to recovery is important to us! On average, our residents improve 9% higher than the national average of other transitional care providers.



### 2. Schedule Your Surgery

Determine when and where your surgery will take place with your doctor. Make plans for the care of your home and pets while you're away. Keep your family and friends updated on the details and make arrangements to your appointment a head of time.



### 3. Notify Accura

Choose an Accura HealthCare community and fill us in on the details of your surgery, including the date and who your doctor is. We'll be in communication with your care team and take care of the preparations for your stay with us.



### 4. Plan Your Recovery

Our highly rated therapy team and care professionals will create an individualized care plan to get you back to your everyday life as soon as possible.



### 5. Day of Surgery

Review your doctor's notes on what to do prior to surgery. Accura HealthCare will work with the hospital team to arrange transportation to our community.



### 6. Rehab to Home

Our Accura family and community will be there with you every step in your journey to recovery. Enjoy the amenities of our community spaces or take time for yourself in your room. Our team is here to help you feel at home during your stay.

For more information visit [www.accura.healthcare](http://www.accura.healthcare) or call 515.421.4884

